

## **VIRTUAL**

## **MENTAL HEALTH AWARENESS TRAINING**

With the stress and uncertainty in the world right now learn how you can identify the emotional needs and assist those in your community, family, or organization. QPR (Question, Persuade, Refer) Suicide Prevention training and What's Next: Wellness for the new normal will be offered virtually at no cost.

Please register in advance through link below each date.

Question, Persuade, Refer (2 Hours)
When: Feb 14, 2022 10:00 AM Eastern Time (US and Canada)

Register in advance for this meeting: https://us02web.zoom.us/meeting/register/tZAof-GhqjkqHtMKQEwwBr56iqltm6f0rk3

What's Next: Wellness for the new normal (2 Hours)
When: Feb 22, 2022 10:00 AM Eastern Time (US and Canada)

Register in advance for this meeting: <a href="https://us02web.zoom.us/meeting/register/tZEvceGqqz4oGtFUYWgtlPqB2A48J">https://us02web.zoom.us/meeting/register/tZEvceGqqz4oGtFUYWgtlPqB2A48J</a> <a href="https://us02web.new.us02web.zoom.us0

## **FEBRUARY 2022**

What's Next: Wellness for the New Normal

Question, Persuade, Refer (QPR)





For more information contact Megan.Sullivan@dhs.nj.gov

This is being made possible
by the New Jersey
Department of Human
Services, Division of Mental
Health and Addictions
Services funded by a
Substance Abuse and
Mental Health Services
Administration Mental
Health Awareness Training
grant.